Inflammatory bowel disease tied to more gum disease
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Overall, individuals with IBD had ~3.5 times higher chances of having moderate/severe periodontitis. Older age, presence of IBD, and higher full-mouth plaque scores were significantly associated with periodontitis in the full sample, while gender (male), IBD-associated surgery, IBD duration, and localization (pancolitis) were significant factors in the IBD group.

"Relevant associations between IBD and periodontitis were found, being modified by CD and UC clinical characteristics," the authors write. "Preventive and therapeutic strategies involving the gum-gut axis should be enforced in IBD patients."


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