Study finds benefits of auditory training for people with normal or impaired hearing
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Average rate discrimination difference limens (DLs) are displayed for 100 and 300 Hz (left panels) and 200 and 400 Hz (right panels) in young normal-hearing (YNH), older normal-hearing (ONH), and older hearing-impaired (OHI) listeners who completed nine sessions of rate discrimination training (experimental group, EXP) or tone-in-noise detection training (active control group, AC). There were significant improvements in performance (smaller DLs) in the EXP group that were not observed in the AC group. *P


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