Study shows 86.4% of infants with anaphylaxis appropriately received epinephrine
10 November 2022

146 patients (86.4%) received epinephrine, with 51 (30.1%) receiving it prior to arrival at the hospital and 16 (9.5%) requiring more than one dose. 17 infant patients (10.1%) were admitted to the hospital, but none required intensive care.

"It's important that infants, just like older children and adults, need quick and accurate diagnosis to make sure their anaphylaxis is treated appropriately," said allergist Juhee Lee, MD, senior author on the study.

"Fortunately, most cases of anaphylaxis in infants seem to resolve with a single dose of epinephrine. The vast majority were able to go home from the emergency department without further intervention."

If your child has a severe allergic reaction to a food, see an allergist for diagnosis and management, including a prescription for an epinephrine auto injector. And avoid that food in the future. Anyone with a food allergy should be under the care of an allergist. An allergist can create a plan to help patients identify their food allergens and avoid triggers.

More information: Conference: annualmeeting.acaai.org/


Provided by American College of Allergy, Asthma, and Immunology
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